

**TIMOR-LESTE**  
**HEALTH CARE SEEKING BEHAVIOUR STUDY**  
**2009**

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**ATTACHMENT: TABLES**

**Table 1- Health problems in the past 30 days (TLSLS sample)**

Primary health complaint	No. of people affected n (%)
Cough	1,838 (31.6)
Malaria	674 (11.6)
Fever/dengue fever	828 (14.2)
Headaches	511 (8.8)
Stomach ache	423 (7.3)
Joint/muscle pain	293 (5.0)
Cold	292 (5.0)
Other	252 (4.3)
Back pain	190 (3.3)
Diarrhoea	111 (1.9)
Skin problem	108 (1.9)
Stomach disorder	88 (1.5)
Asthma	63 (1.1)
Accidents	54 (0.9)
Toothaches	49 (0.8)
Ear pain	44 (0.8)
<b>Total</b>	<b>5,818 (100)</b>

**Table 2 - Usage of health providers for health problems in the past 30 days (TLSLS sample)**

Type of health care sought first	No. of people n (%)
Public hospital	1,124 (24.8)
Health clinic	655 (14.4)
Public health post	637 (14.0)
Cuban doctor	582 (12.8)
Other nurse	536 (11.8)
Community health centre	397 (8.8)
Mobile clinic	153 (3.4)
Church clinic	116 (2.6)
Other doctor	111 (2.5)
Midwife	110 (2.4)
Cuban nurse	81 (1.8)
Other	23 (0.5)
Traditional practitioner	14 (0.3)
<b>Total</b>	<b>4,539 (100.0)</b>

**Table 3 - Family planning method currently being used  
(TLSLS sample)**

FP method currently used	Women n (%)
Injection	462 (63.0)
Calendar	90 (12.3)
Pill	65 (8.9)
Herbs/potions	32 (4.4)
Withdrawal	21 (2.9)
Abstinence	18 (2.5)
Other tradition	13 (1.8)
Females sterilisation	11 (1.5)
Diaphragm	8 (1.1)
Other modern	5 (0.7)
Male sterilisation	3 (0.4)
IUD	2 (0.3)
Condom	1 (0.1)
Spermicide	1 (0.1)
Norplant/implant	1 (0.1)
<b>Total</b>	<b>733 (100.00)</b>

**Table 4 - Currently used methods of birth spacing reported by men and women (HCSBS sample)**

Method	Women n (%)	Men* n (%)
Injectables	78 (59.1)	44 (41.1)
Withdrawal	17 (12.9)	32 (29.9)
Pill	16 (12.1)	9 (8.4)
Rhythm or periodic abstinence	7 (5.3)	4 (3.7)
Female/ Male sterilisation	5 (3.8)	3 (2.8)
IUD	2 (1.5)	1 (0.9)
Condom	0 (0.0)	6 (5.6)
Other	6 (4.6)	7 (6.5)
<b>Total</b>	<b>132 (100.0)</b>	<b>107 (100.0)</b>

**Table 5 - Reasons for not birth spacing (HCSBS sample)**

Reason	Women n (%)	Men n (%)
Heard of other's bad experience	43 (36.4)	33 (26.8)
Like babies	38 (32.2)	47 (38.2)
Afraid of side effects	10 (8.5)	8 (6.5)
Against spouse's wishes	6 (5.1)	4 (3.3)
Own previous bad experience	4 (3.4)	3 (2.4)
Against traditional beliefs/ancestors	4 (3.4)	3 (2.4)
Community opinion/reputation	3 (2.5)	0 (0.0)
Against own family's wishes	1 (0.9)	3 (2.4)
Against religious beliefs - God	0 (0.0)	6 (4.9)
Need to populate country	0 (0.0)	1 (0.8)
Can't afford to buy	0 (0.0)	1 (0.8)
Other	9 (7.6)	14 (11.4)
<b>Total</b>	<b>118 (100.0)</b>	<b>123 (100.0)</b>

**Table 6 - Type of facility visited by sick person (HCSBS sample)**

Facility	n (%)
Subdistrict government health centre	99 (35.0)
Government health post	57 (20.1)
SISCa post	45 (15.9)
District government health centre	37 (13.1)
Government hospital	35 (12.4)
Private clinic	6 (2.1)
Other	4 (1.4)
<b>Total</b>	<b>276 (100.0)</b>

**Table 7 - Beliefs about household practices that prevent people becoming sick (HCSBS sample)**

Household practice	Households that believe it prevents sickness n (%)
Washing eating utensils	522 (97.6)
Keeping the house and environment clean	493 (92.2)
Washing hands with soap	470 (87.9)
Boiling water for drinking	454 (84.9)
Visiting health centre e.g. for immunisation	424 (79.3)
Using bednets for mosquitos	324 (61.0)
Following local knowledge e.g. avoiding certain foods	174 (32.5)
<b>Total</b>	<b>535 (100.0)</b>

**Table 8 - Use of health providers by households in past 12 months (HCSBS sample)**

Health Provider	Households Visiting Provider n (%)
<b>Traditional Providers</b>	
Traditional Birth Attendant	104 (19.6)
Traditional Bone Setter	101 (19.0)
Traditional Healer-Shaman	78 (14.7)
<b>Government Providers</b>	
Nurse/ Paramedic	219 (41.2)
Midwife	202 (38.0)
Doctor	190 (35.8)
Family Health Promotor (PSF)	70 (13.2)
<b>Private Providers</b>	
Midwife	96 (18.1)
Nurse/ Paramedic	92 (17.3)
Doctor	79 (14.9)
<b>Other Providers</b>	
Pharmacist	72 (13.6)
Dentist	28 (5.3)
<b>Total</b>	<b>531 (100.0)</b>

**Table 9 - Ideal spacing (years) between children (HCSBS sample)**

Ideal spacing (years) between children	Women n (%)	Men n (%)
0	2 (0.5)	1 (0.3)
1	57 (15.5)	52 (15.2)
2	171 (46.6)	173 (50.4)
3	101 (27.5)	90 (26.2)
4	18 (4.9)	20 (5.8)
5	14 (3.8)	7 (2.0)
6	3 (0.8)	0 (0.0)
7	1 (0.3)	0 (0.0)
<b>Total</b>	<b>367 (100.0)</b>	<b>343 (100.0)</b>